SweetWARE
Nutrition Label Report
Cinnamon Glazed Pecans, Totally Nutz, Rev 1 06/23/20

Nutrition Facts

Serving size	**1 oz (28g)**
Amount per serving	
Calories	**160**
	% Daily Value *
Total Fat 12g	**15**%
Saturated Fat 1g	**5**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 0mg	**0**%
Total Carbohydrate 15g	**5**%
Dietary Fiber 2g	**6**%
Total Sugars 13g	
Includes 12g Added Sugars	**24**%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Pecans, Sugar, Water, Cinnamon, Natural and Artificial Vanilla Flavor

CONTAINS: pecans