SweetWARE
Nutrition Label Report
Cinnamon Glazed Cashews, Totally Nutz, Rev 1, 06/23/20

Nutrition Facts

Serving size	**1 oz (28g)**
Amount per serving	
Calories	**140**
	% Daily Value *
Total Fat 7g	**9**%
Saturated Fat 1.5g	**6**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 0mg	**0**%
Total Carbohydrate 18g	**6**%
Dietary Fiber 1g	**3**%
Total Sugars 13g	
Includes 12g Added Sugars	**24**%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.1mg	6%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Cashews, Sugar, Water, Cinnamon, Natural and Artificial Vanilla Flavor

CONTAINS: Cashews